

Sainsbury's				Aldi				
SKU Name	Item Price	Volume	Measurement	Name	Volume	Measurement	Item Price	Pro rata price
WARBURTONS WHITE MEDIUM	£ 1.25	800	G	WARBURTONS MEDIUM SLICED SOFT WHITE BREAD	800	G	£ 1.25	£ 1.25
JS BRAMLEY APPLE PIES X6	£ 0.92	355	G	HOLLY LANE 6 BRAMLEY APPLE PIES	329	G	£ 0.85	£ 0.92
DAILY'S WHITE BREAD MEDIUM	£ 0.36	800	G	EVERYDAY ESSENTIALS MEDIUM SLICED WHITE BREAD	800	G	£ 0.36	£ 0.36
WARBURTONS TOASTIE WHITE THICK	£ 0.85	400	G	WARBURTONS TOASTIE THICK SLICED SOFT WHITE BREAD	400	G	£ 0.85	£ 0.85
DAILY'S WHOLEMEAL MEDIUM	£ 0.36	800	G	EVERYDAY ESSENTIALS MEDIUM SLICED WHOLEMEAL BREAD	800	G	£ 0.36	£ 0.36
JS ICED FAIRY CAKES	£ 0.99	12	PACK	HOLLY LANE 12 ICED FAIRY CAKES 250G	12	PACK	£ 0.99	£ 0.99
WARBURTONS WHOLEMEAL MEDIUM	£ 0.85	400	G	WARBURTONS WHOLEMEAL	400	G	£ 0.85	£ 0.85
JS SCOTCH PANCAKES	£ 0.42	6	PACK	VILLAGE BAKERY SCOTCH PANCAKES	6	PACK	£ 0.42	£ 0.42
WARBURTONS TOASTIE WHITE THICK	£ 1.25	800	G	WARBURTONS TOASTIE THICK SLICED SOFT WHITE BREAD	800	G	£ 1.25	£ 1.25
JS 6 CHERRY BAKEWELL TARTS	£ 0.85	6	PACK	HOLLY LANE 6 CHERRY BAKEWELLS	6	PACK	£ 0.85	£ 0.85
JS SLICED BRIOCHE LOAF 500G	£ 1.49	500	G	BON APPETIT! SLICED BRIOCHE LOAF 500G	500	G	£ 1.49	£ 1.49
LOVETT'S MADEIRA CAKE	£ 3.99	895	G	HOLLY LANE MADEIRA PARTY CAKE 896G	896	G	£ 3.99	£ 3.99
DAILY'S SOFT WHITE ROLLS X4	£ 0.65	4	PACK	VILLAGE BAKERY SOFT WHOLEMEAL LARGE BAPS 4 PACK	4	PACK	£ 0.65	£ 0.65
DAILY'S WHOLEMEAL ROLLS X4	£ 0.65	4	PACK	VILLAGE BAKERY SOFT WHOLEMEAL LARGE BAPS 4 PACK	4	PACK	£ 0.65	£ 0.65
HOVIS SOFT WHITE MEDIUM	£ 1.20	800	G	HOVIS SOFT WHITE MEDIUM	800	G	£ 1.20	£ 1.20
HOVIS SOFT WHITE THICK	£ 1.20	800	G	HOVIS SOFT WHITE THICK	800	G	£ 1.20	£ 1.20
HOVIS WHOLEMEAL MEDIUM	£ 1.20	800	G	HOVIS TASTY WHOLEMEAL MEDIUM	800	G	£ 1.20	£ 1.20
WARBURTONS 12 SLICED WHITE ROLLS	£ 1.70	12	EACH	WARBURTONS 12 SLICED SOFT WHITE ROLLS	12	EACH	£ 1.70	£ 1.70
JS FARMHOUSE SEEDED 800G	£ 0.79	800	G	VILLAGE BAKERY LIGHTLY SEEDED LOAF 800G	800	G	£ 0.79	£ 0.79
SAINSBURY'S VODKA*	£ 10.29	700	ML	TAMOVA TRIPLE DISTILLED VODKA PREMIUM QUALITY 70CL	700	ML	£ 10.29	£ 10.29
SAINSBURY'S LONDON DRY GIN*	£ 10.29	700	ML	GREYSON'S LONDON DRY GIN	700	ML	£ 10.29	£ 10.29
SAINSBURY'S BRANDY*	£ 10.79	700	ML	NAPOLEON BRANDY	700	ML	£ 10.79	£ 10.79
CROWN LAGER 4% 4X440ML	£ 2.35	1760	ML	GALAHAD LAGER 440ML	1760	ML	£ 2.49	£ 2.49
WILD VALLEY WHITE*	£ 3.29	750	ML	BARON ST JEAN WHITE WINE	750	ML	£ 3.29	£ 3.29
WILD VALLEY ROSE*	£ 3.39	750	ML	BARON ST JEAN ROSE WINE	750	ML	£ 3.39	£ 3.39
WILD VALLEY RED*	£ 3.29	750	ML	BARON SAINT JEAN RED WINE 75CL	750	ML	£ 3.29	£ 3.29
BLENDED SCOTCH WHISKY*	£ 11.49	700	ML	HIGHLAND EARL WHISKY	700	ML	£ 11.49	£ 11.49
J JAMES FR MIXED WEIGHT EGGS	£ 1.33	10	PACK	MERVALE 15 MIXED WEIGHT BRITISH FREE RANGE EGGS 15 PACK	15	PACK	£ 1.99	£ 1.33
MARY ANN DAIRY MILD CHEDDAR	£ 2.66	600	G	EVERYDAY ESSENTIALS MILD WHITE CHEDDAR	900	G	£ 3.99	£ 2.66
MARY ANN DAIRY MATURE CHEDDAR	£ 3.99	900	G	EVERYDAY ESSENTIALS MATURE WHITE CHEDDAR	900	G	£ 3.99	£ 3.99
MARY ANN DAIRY RED LEICESTER	£ 3.44	600	G	EMPORIUM RED LEICESTER	400	G	£ 2.29	£ 3.44
MARY ANN'S DAIRY STRAWBERRY YOGHURT	£ 0.75	450	G	BROOKLEA STRAWBERRY FAT FREE YOGURT	450	G	£ 0.85	£ 0.85
JS LARD 250G	£ 0.39	250	G	MEADOW CHURN LARD 250G	250	G	£ 0.39	£ 0.39
MARY ANN DAIRY MOZZARELLA	£ 0.45	125	G	EVERYDAY ESSENTIALS MOZZARELLA	125	G	£ 0.45	£ 0.45
MARY ANN DAIRY MILD CHEDDAR	£ 3.99	900	G	EVERYDAY ESSENTIALS MILD WHITE CHEDDAR	900	G	£ 3.99	£ 3.99
MARY ANN DAIRY GRATED CHEDDAR	£ 0.08	500	G	EVERYDAY ESSENTIALS GRATED CHEDDAR	500	G	£ 2.25	£ 2.25
MARY ANN D GREEK STYLE SALAD CHEESE	£ 0.70	200	G	EVERYDAY ESSENTIALS GREEK STYLE SALAD CHEESE	200	G	£ 0.70	£ 0.70
MARY ANN DAIRY MATURE CHEDDAR	£ 2.66	600	G	EVERYDAY ESSENTIALS MATURE WHITE CHEDDAR	900	G	£ 3.99	£ 2.66
MARY ANN'S DAIRY FROMAGE FRAIS	£ 0.68	600	G	EVERYDAY ESSENTIALS FROMAGE FRAIS WITH FRUIT PUREE	660	G	£ 0.75	£ 0.68
MARY ANN'S DAIRY NATURAL YOGHURT	£ 0.45	500	G	BROOKLEA LOW FAT NATURAL YOGURT	500	G	£ 0.45	£ 0.45
JS NAS TROPICAL 2L	£ 1.09	2000	ML	THE JUICE COMPANY TROPICAL JUICE DRINK 2 LITRE	2000	ML	£ 1.09	£ 1.09
MARY ANN DAIRY SOFT CREAM CHEESE 200G	£ 0.79	200	G	EMPORIUM FULL FAT SOFT CHEESE ORIGINAL 200G	200	G	£ 0.79	£ 0.79
JS FRESH CHOCOLATE FLAVOURED MILK 1L	£ 0.95	1000	ML	COWBELLE LUSH BRITISH CHOCOLATE FLAVOURED 1% FAT MILK	1000	ML	£ 0.95	£ 0.95
JS FRESH STRAWBERRY FLAVOURED MILK 1L	£ 0.95	1000	ML	COWBELLE LUSH STRAWBERRY FLAVOURED 1% FAT MILK 1L	1000	ML	£ 0.95	£ 0.95
JS FRESH BANANA FLAVOURED MILK 1L	£ 0.95	1000	ML	COWBELLE LUSH BRITISH BANANA FLAVOURED 1% FAT MILK 1L	1000	ML	£ 0.95	£ 0.95
MARY ANN DAIRY MILD CHEDDAR SLICES 200G	£ 0.99	200	G	EVERYDAY ESSENTIALS 10 MILD CHEDDAR SLICES 200G	200	G	£ 0.99	£ 0.99
JS BRITISH CREME FRAICHE 300ML	£ 0.99	300	ML	COWBELLE BRITISH FRESH CREME FRAICHE 300ML	300	ML	£ 0.99	£ 0.99
JS BRITISH LIGHTER CREME FRAICHE 300ML	£ 0.99	300	ML	COWBELLE FRESH BRITISH LIGHTER CREME FRAICHE 300ML	300	ML	£ 0.99	£ 0.99
JS SOURD CREAM 300ML	£ 0.99	300	ML	COWBELLE PASTEURISED FRESH SOURD CREAM 300ML	300	ML	£ 0.99	£ 0.99
JS ITALIAN RICOTTA 250G	£ 0.89	250	G	EMPORIUM RICOTTA 250G	250	G	£ 0.89	£ 0.89
JS NAS SUMMERFRUITS 2L	£ 1.09	2000	ML	THE JUICE COMPANY SUMMER FRUITS JUICE DRINK 2 LITRE	2000	ML	£ 1.09	£ 1.09
JS FC APPLE JUICE 2L	£ 1.30	2000	ML	THE JUICE COMPANY APPLE JUICE FROM CONCENTRATE 1 LITRE	1000	ML	£ 0.65	£ 1.30
JS FC ORANGE JUICE 2L	£ 1.35	2000	ML	THE JUICE COMPANY ORANGE JUICE FROM CONCENTRATE SMOOTH 2L	2000	ML	£ 1.35	£ 1.35
JS CHOCOLATE MOUSSE 6X60G	£ 0.95	360	G	DESSERT MENU CHOCOLATE MOUSSE 6X60G	360	G	£ 0.95	£ 0.95
JS ENGLISH SALTED BUTTER	£ 1.75	250	G	COWBELLE BRITISH BUTTER SALTED	250	G	£ 1.75	£ 1.75
JS ENGLISH UNSALTED	£ 1.75	250	G	COWBELLE BRITISH UNSALTED BUTTER	250	G	£ 1.75	£ 1.75
JS CYPRIOT HALLOUMI 225G	£ 1.79	225	G	EMPORIUM HALLOUMI 225G	225	G	£ 1.89	£ 1.89
JS MILD & CREAMY BRIE 200G	£ 1.19	200	G	EMPORIUM FRENCH BRIE 200G	200	G	£ 1.19	£ 1.19
JS BRITISH SINGLE CREAM	£ 0.95	300	ML	COWBELLE BRITISH SINGLE FRESH CREAM	300	ML	£ 0.95	£ 0.95
JS SINGLE CREAM	£ 1.90	600	ML	COWBELLE BRITISH SINGLE FRESH CREAM	300	ML	£ 0.95	£ 1.90
JS DOUBLE CREAM	£ 1.05	300	ML	COWBELLE BRITISH DOUBLE FRESH CREAM	300	ML	£ 1.05	£ 1.05
JS DOUBLE CREAM	£ 2.10	600	ML	COWBELLE BRITISH DOUBLE FRESH CREAM	300	ML	£ 1.05	£ 2.10
ELMLEA DOUBLE 270ML	£ 1.19	270	ML	ELMLEA DOUBLE ALTERNATIVE TO CREAM 270ML	270	ML	£ 1.19	£ 1.19
JS ORANGE JUICE FC SMOOTH 1L	£ 0.69	1000	ML	THE JUICE COMPANY ORANGE JUICE FROM CONCENTRATE 1L	1000	ML	£ 0.69	£ 0.69
JS APPLE JUICE FC 1LTR	£ 0.65	1000	ML	THE JUICE COMPANY APPLE JUICE FROM CONCENTRATE 1 LITRE	1000	ML	£ 0.65	£ 0.65
JS SCOTTISH SINGLE CREAM	£ 0.95	300	ML	COWBELLE BRITISH SINGLE FRESH CREAM	300	ML	£ 0.95	£ 0.95
JS SCOTTISH SINGLE CREAM	£ 1.90	600	ML	COWBELLE BRITISH SINGLE FRESH CREAM	300	ML	£ 0.95	£ 1.90
JS SCOTTISH DOUBLE CREAM	£ 1.05	300	ML	COWBELLE BRITISH DOUBLE FRESH CREAM	300	ML	£ 1.05	£ 1.05
JS SCOTTISH DOUBLE CREAM	£ 2.10	600	ML	COWBELLE BRITISH DOUBLE FRESH CREAM	300	ML	£ 1.05	£ 2.10
JS BRITISH SEMI SKIM MILK 1 PINT 568ML	£ 0.79	568	ML	COWBELLE FRESH BRITISH SEMI SKIMMED MILK 568ML	568	ML	£ 0.79	£ 0.79
JS BRITISH WHOLE MILK 1 PINT 568ML	£ 1.15	1136	ML	COWBELLE FRESH BRITISH WHOLE MILK 568ML / 1 PINT	568	ML	£ 0.79	£ 1.15
JS SCOTTISH WHOLE MILK 2 PINT	£ 1.15	1136	ML	COWBELLE FRESH BRITISH WHOLE MILK 2 PINT	1140	ML	£ 1.15	£ 1.15
JS SCOTTISH SEMI SKIM MILK 2 PINT	£ 1.15	1136	ML	COWBELLE FRESH BRITISH SEMI-SKIMMED MILK 2 PINT	1140	ML	£ 1.15	£ 1.15
JS SCOTTISH SKIMMED MILK 2 PINT	£ 1.15	2	ML	COWBELLE FRESH BRITISH SKIMMED MILK 2 PINT	2	ML	£ 1.15	£ 1.15
JS BRITISH WHOLE MILK 2 PINT	£ 1.15	1136	ML	COWBELLE FRESH BRITISH WHOLE MILK 2 PINT	1140	ML	£ 1.15	£ 1.15
JS BRITISH SEMI SKIM MILK 2 PINT	£ 1.15	1136	ML	COWBELLE FRESH BRITISH SEMI-SKIMMED MILK 2 PINT	1140	ML	£ 1.15	£ 1.15
JS BRITISH SKIMMED MILK 2 PINT	£ 1.15	2	ML	COWBELLE FRESH BRITISH SKIMMED MILK 2 PINT	2	ML	£ 1.15	£ 1.15
JS W.COUNTRY SKIMMED 2 PINT	£ 1.15	2	ML	COWBELLE FRESH BRITISH SKIMMED MILK 2 PINT	2	ML	£ 1.15	£ 1.15
JS W.COUNTRY WHOLE MILK 2 PINT	£ 1.15	1136	ML	COWBELLE FRESH BRITISH WHOLE MILK 2 PINT	1140	ML	£ 1.15	£ 1.15
JS BRITISH WHOLE MILK 4 PINT	£ 1.45	2272	ML	COWBELLE FRESH BRITISH WHOLE MILK 4 PINT	2270	ML	£ 1.45	£ 1.45
JS BRITISH SKIMMED MILK 4 PINT	£ 1.45	2270	ML	COWBELLE FRESH BRITISH SKIMMED MILK 4 PINT	2270	ML	£ 1.45	£ 1.45
JS BRITISH SEMI SKIM MILK 4 PINT	£ 1.45	2272	ML	COWBELLE FRESH BRITISH SEMI-SKIMMED MILK 4 PINT	2270	ML	£ 1.45	£ 1.45
JS SCOTTISH WHOLE MILK 4 PINT	£ 1.45	2270	ML	COWBELLE FRESH BRITISH WHOLE MILK 4 PINT	2270	ML	£ 1.45	£ 1.45
JS SCOTTISH SEMI SKIM MILK 4 PINT	£ 1.45	2272	ML	COWBELLE FRESH BRITISH SEMI-SKIMMED MILK 4 PINT	2270	ML	£ 1.45	£ 1.45
JS SCOTTISH SKIMMED MILK 4 PINT	£ 1.45	2272	ML	COWBELLE FRESH BRITISH SKIMMED MILK 4 PINT	2270	ML	£ 1.45	£ 1.45
JS W.COUNTRY SKIMMED MILK 4 PINT	£ 1.45	2270	ML	COWBELLE FRESH BRITISH SKIMMED MILK 4 PINT	2270	ML	£ 1.45	£ 1.45
JS W.COUNTRY WHOLE MILK 4 PINT	£ 1.45	2270	ML	COWBELLE FRESH BRITISH WHOLE MILK 4 PINT	2270	ML	£ 1.45	£ 1.45
Sainsbury's British Semi Skimmed Milk 3.4L (6 pint)	£ 2.09	6	ML	COWBELLE FRESH BRITISH SEMI-SKIMMED MILK 3.4L / 6 PINTS	6	ML	£ 2.09	£ 2.09
SCOTTISH SEMI SKIM MILK 6 PINT 3.408L	£ 2.09	6	ML	COWBELLE FRESH BRITISH SEMI-SKIMMED MILK 3.4L / 6 PINTS	6	ML	£ 2.09	£ 2.09
GREENGROCER PEAS	£ 0.52	850	G	EVERYDAY ESSENTIALS GARDEN PEAS	907	G	£ 0.55	£ 0.52
JS GREENGROCER MIXED VEGETABLES	£ 0.79	1000	G	FOUR SEASONS MIXED VEGETABLES	1000	G	£ 0.79	£ 0.79
QUORN VEGETARIAN MINCE FAMILY PACK 500G	£ 2.95	500	G	QUORN MINCE 500G	500	G	£ 2.95	£ 2.95
QUORN VEGETARIAN CHICKEN STYLE PIECES 500G	£ 2.95	500	G	QUORN PIECES 500G	500	G	£ 2.95	£ 2.95
QUORN VEGETARIAN CHICKEN STYLE NUGGETS 475G	£ 2.95	476	G	QUORN CRISPY NUGGETS 476G	476	G	£ 2.95	£ 2.95
QUORN VEGETARIAN SAUSAGES 504G	£ 2.95	504	G	QUORN SAUSAGES 504G	504	G	£ 2.95	£ 2.95
STAMFORD STREET 15 YORKSHIRE PUDDINGS 220G	£ 0.48	220	G	EVERYDAY ESSENTIALS 15 YORKSHIRE PUDDINGS 230G	230	G	£ 0.50	£ 0.48
JS STEAK CUT CHIPS 1.5KG	£ 1.19	1500	G	FOUR SEASONS STEAK CUT CHIPS 1.5KG	1500	G	£ 1.19	£ 1.19
JS 8PK RAINBOW LOLLIES 320ML	£ 1.22	320	G	GIANNI'S RAINBOW LOLLIES MADE WITH REAL FRUIT! 260G	260	G	£ 0.99	£ 1.22
JS ROLL ON DEODORANT	£ 0.69	50	ML	LACURA LADIES ROLL-ON DEODORANT LINEN	50	ML	£ 0.69	£ 0.69
BY SAINSBURY'S FRESHMINT TOOTHPASTE	£ 0.44	100	ML	DENTITEX FRESH BREATH TOOTHPASTE	125	ML	£ 0.55	£ 0.44
JS FRESH FACED REFRESH FACIAL WASH	£ 0.99	150	ML	LACURA MOISTURISING FACE WASH	150	ML	£ 0.99	£ 0.99
JS FRESH FACED DETOX FACIAL SCRUB	£ 0.99	150	ML	LACURA SMOOTHING FACE SCRUB	150	ML	£ 0.99	£ 0.99
JS PARACETAMOL 500MG CAPLETS X16	£ 0.29	16	PACK	GALPHARM PARACETAMOL 500MG CAPLETS 16 PACK	16	PACK	£ 0.29	£ 0.29
JS IBUPROFEN 200MG CAPLETS X16	£ 0.29	16	PACK	FLAMINGO PHARMA IBUPROFEN 16 PACK	16	PACK	£ 0.29	£ 0.29
JS IBUPROFEN 200MG TABLETS X16	£ 0.29	16	PACK	FLAMINGO PHARMA IBUPROFEN 16 PACK	16	PACK	£ 0.29	£ 0.29
LITTLE ONES FRAGRANCE FREE 60CT BIO BABY	£ 0.62	60	PACK	MAMIA SENSITIVE BABY WIPES 60 PACK	60	PACK	£ 0.62	£ 0.62
LITTLE ONES FRAGRANCED 60CT BIO BABY	£ 0.62	60	PACK	MAMIA FRAGRANCED BABY WIPES 60 PACK	60	PACK	£ 0.62	£ 0.62
HOUSE 24/7 REFUSE SACKS	£ 0.95	40	ROLL	EVERYDAY ESSENTIALS REFUSE SACK	40	ROLL	£ 0.95	£ 0.95
HOUSE 24/7 KITCHEN TOWEL	£ 0.99	1	EACH	EVERYDAY ESSENTIALS JUMBO KITCHEN TOWEL	1	EACH	£ 0.99	£ 0.99

LOVETT'S DIGESTIVE BISCUITS	£	0.45	400	G	BELMONT DIGESTIVES BISCUITS	400	G	£	0.45	£	0.45
LOVETT'S DARK CHOCOLATE	£	0.33	100	G	EVERYDAY ESSENTIALS DARK CHOCOLATE	100	G	£	0.33	£	0.33
JS REGULAR COLA	£	0.47	2000	G	VIVE ORIGINAL COLA	2000	G	£	0.47	£	0.47
JUST SNAX SALTED PEANUTS	£	0.46	200	G	EVERYDAY ESSENTIALS ROASTED AND SALTED PEANUTS	200	G	£	0.46	£	0.46
LOVETT'S MILK CHOCOLATE	£	0.33	100	G	EVERYDAY ESSENTIALS MILK CHOCOLATE	100	G	£	0.33	£	0.33
HUBBARD'S APPLE BLACK DBLECON NAS	£	0.45	750	ML	SUN QUENCH DOUBLE STRENGTH APPLE BCURRANT	1500	ML	£	0.89	£	0.45
LOVETT'S WHITE CHOCOLATE	£	0.33	100	G	EVERYDAY ESSENTIALS WHITE CHOCOLATE	100	G	£	0.33	£	0.33
JAFFA CAKES 282G	£	0.84	282	G	BELMONT JAFFA CAKES 300G	300	G	£	0.89	£	0.84
HUBBARD'S VEGETABLE SOUP 400G	£	0.49	400	G	BRAMWELLS VEGETABLE SOUP 400G	400	G	£	0.49	£	0.49
HUBBARD'S FOODSTORE CHICKEN SOUP 400G	£	0.49	400	G	BRAMWELLS CREAM OF CHICKEN SOUP 400G	400	G	£	0.49	£	0.49
HUBBARD'S FC ORANGE	£	0.79	1000	ML	THE JUICE COMPANY ORANGE JUICE SMOOTH 1L	1000	ML	£	0.79	£	0.79
HUBBARD'S FC APPLE	£	0.79	1000	ML	THE JUICE COMPANY APPLE JUICE	1000	ML	£	0.79	£	0.79
STAMFORD STREET GARLIC BAGUETTE X2	£	0.64	340	G	EVERYDAY ESSENTIALS GARLIC BAGUETTE	170	G	£	0.32	£	0.64
JS CARROT & CORIANDER SOUP 600G	£	1.25	600	G	SOUPREME CARROT & CORIANDER SOUP 600G	600	G	£	1.25	£	1.25
SAINSBURY'S CHEESE & TOMATO 12" PIZZA 329G	£	1.09	329	G	EVERYDAY ESSENTIALS CHEESE AND TOMATO PIZZA 300G	300	G	£	0.99	£	1.09
ALLCROFT 6 SAUSAGE ROLLS 300G	£	0.53	300	G	EVERYDAY ESSENTIALS 8 SAUSAGE ROLLS 480G	480	G	£	0.85	£	0.53
JS CHICKEN & SWEETCORN SOUP 600G	£	1.25	600	G	SOUPREME CHICKEN & VEGETABLE SOUP 600G	600	G	£	1.25	£	1.25
STAMFORD ST SINGLE GARLIC BAGUETTE	£	0.32	170	G	EVERYDAY ESSENTIALS GARLIC BAGUETTE	170	G	£	0.32	£	0.32
ALLCROFT CHEESE AND ONION QUICHE	£	1.79	400	G	CRESTWOOD CHEESE & ONION QUICHE	400	G	£	1.79	£	1.79
STAMFORD STREET HOUMOUS	£	0.69	200	G	THE DELI HOUMOUS	200	G	£	0.69	£	0.69
WARBURTONS WHOLEMEAL MEDIUM 800G	£	1.20	800	G	WARBURTONS THE TRUE TASTE OF WHOLEMEAL 800G	800	G	£	1.20	£	1.20
JS 2 BELGIAN BUN 190G	£	1.09	2	EACH	VILLAGE BAKERY BELGIAN BUNS 2 PACK	2	EACH	£	1.09	£	1.09
CHOCOLATE CHIP CAKE BARS 107G	£	0.40	107	G	HOLLY LANE 5 CHOCOLATE CHIP CAKE BARS 130G	130	G	£	0.49	£	0.40
JS PANINI X 4 320G	£	0.99	4	EACH	INSPIRED CUISINE ITALIAN STYLE PANINI ROLLS 4 PACK	4	EACH	£	0.99	£	0.99
JS CHOCOLATE MINI ROLLS X10	£	0.99	10	EACH	DAIRYFINE CHOCOLATE MINI ROLLS 260G	10	EACH	£	0.99	£	0.99
J.JAMES COOKED HAM	£	2.12	400	G	ASHFIELD FARM COOKED HAM 14 SLICES	300	G	£	1.59	£	2.12
J.JAMES CHICKEN GOUJONS	£	1.69	270	G	ASHFIELD FARM BREADED CHICKEN GOUJONS	270	G	£	1.69	£	1.69
JIF UNSMOKED BACK BACON	£	0.83	200	G	EVERYDAY ESSENTIALS UNSMOKED BACK BACON	300	G	£	1.25	£	0.83
JIF COD IN PARSLEY SAUCE	£	3.19	380	G	READY SET COOK! 2 COD FILLETS WITH A CREAMY PARSLEY SAUCE	380	G	£	3.19	£	3.19
J.JAMES COOKED HAM	£	1.59	300	G	ASHFIELD FARM COOKED HAM 14 SLICES	300	G	£	1.59	£	1.59
JIF SMOKED BACK BACON	£	0.83	200	G	EVERYDAY ESSENTIALS SMOKED BACK BACON	300	G	£	1.25	£	0.83
JS 2 COD FISHCAKES	£	1.29	270	G	THE FISHMONGER COD FISHCAKES	270	G	£	1.29	£	1.29
JS CHICKEN WINGS	£	1.75	1000	G	ASHFIELD FARM CHICKEN WINGS	1000	G	£	1.75	£	1.75
J.JAMES COOKED CHICKEN	£	1.79	300	G	ASHFIELD FARM BRITISH CHICKEN COOKED CHICKEN	300	G	£	1.79	£	1.79
JS CHICKEN DRUMSTICKS	£	2.09	1000	G	ASHFIELD FARM CHICKEN DRUMSTICKS	1000	G	£	2.09	£	2.09
JS 2 HADDOCK FISHCAKES	£	1.29	270	G	THE FISHMONGER HADDOCK FISHCAKES	270	G	£	1.29	£	1.29
J.JAMES BREADED HAM	£	0.64	120	G	ASHFIELD FARM BREADED HAM 14 SLICES	300	G	£	1.59	£	0.64
JS BRITISH 5% FAT PORK MINCE	£	2.25	500	G	ASHFIELD FARM 100% BRITISH 5% FAT LEAN PORK MINCE	500	G	£	2.25	£	2.25
J.JAMES COOKED HAM	£	0.64	120	G	ASHFIELD FARM COOKED HAM 14 SLICES	300	G	£	1.59	£	0.64
JS 5 PROSCIUTTO CRUDO SLICES	£	0.93	70	G	THE DELI ITALIAN PROSCIUTTO	120	G	£	1.59	£	0.93
JS 5 SERRANO HAM SLICES	£	1.11	70	G	THE DELI SPANISH SERRANO HAM	100	G	£	1.59	£	1.11
J.JAMES BREADED HAM	£	1.59	300	G	ASHFIELD FARM BREADED HAM 14 SLICES	300	G	£	1.59	£	1.59
J.JAMES & FAMILY UNSMOKED BRITISH SMALL GAMMON	£	3.40	1000	G	EVERYDAY ESSENTIALS UNSMOKED GAMMON JOINT TYPICALLY 1KG	1000	G	£	3.40	£	3.40
JS 38 CHORIZO SLICES 180G	£	1.34	180	G	THE DELI CHORIZO SLICES	120	G	£	0.89	£	1.34
JS TORCHON HAM 200G	£	1.99	200	G	THE DELI PRODUCED IN FRANCE TORCHON HAM 200G	200	G	£	1.99	£	1.99
SAINSBURY'S GERMAN BAVARIAN ROAST HAM SLICES X5	£	1.19	100	G	THE DELI GERMAN SMOKED BRUNSWICK HAM	100	G	£	1.19	£	1.19
JS 15 SALAMI SLICES 150G	£	1.10	150	G	THE DELI GERMAN SALAMI 135G	135	G	£	0.99	£	1.10
JS BRITISH PORK TENDERLOIN FILLET CW	£	6.99	1000	G	ASHFIELD FARM 100% BRITISH LEAN PORK FILLET TYPICALLY 0.52KG	525	G	£	3.67	£	6.99
J.JAMES SLICED CHICKEN 240G	£	1.79	240	G	EVERYDAY ESSENTIALS COOKED CHICKEN BREAST SLICES 240G	240	G	£	1.79	£	1.79
J.JAMES TIKKA CHICKEN SLICES 240G	£	1.99	240	G	EVERYDAY ESSENTIALS CHICKEN TIKKA BREAST SLICES 240G	240	G	£	1.99	£	1.99
8 REDUCED SALT US BACK BACON 250G	£	1.39	250	G	FRESHCURE 8 UNSMOKED REDUCED SALT BACK BACON RASHERS 250G	250	G	£	1.39	£	1.39
SAINSBURY'S REDUCED SALT SMOKED BACK BACON X8 2!	£	1.39	250	G	FRESHCURE 8 SMOKED REDUCED SALT BACK BACON RASHERS 250G	250	G	£	1.39	£	1.39
PORK LOIN MEDALLIONS 400G	£	2.69	400	G	Ashfield Farm 100% British Lean Pork Loin Medallions 400g	400	G	£	2.69	£	2.69
JS 21 DAY MATURED RUMP STEAK 225G	£	3.19	225	G	ASHFIELD FARM 21 DAY MATURED RUMP STEAK 232G	232	G	£	3.29	£	3.19
JS 4 QUARTER POUNDERS 454G	£	2.49	454	G	ASHFIELD FARM 4 BEEF QUARTER POUNDERS 454G	454	G	£	2.49	£	2.49
FISHERMAN KING PRAWNS 140G	£	2.23	140	G	THE FISHMONGER KING PRAWNS 150G	150	G	£	2.39	£	2.23
JIF UNSMOKED GAMMON STEAK 200G	£	1.40	200	G	FRESHCURE 2 UNSMOKED GAMMON STEAKS 450G	450	G	£	3.15	£	1.40
JS CORNED BEEF CRISPBAKE 227G	£	1.39	227	G	CRESTWOOD 2 CORNED BEEF CRISPBAKES 227G	227	G	£	1.39	£	1.39
JS TURKEY BREAST MINCE 2% 500G	£	3.49	500	G	ASHFIELDS 100% BRITISH 2% FAT TURKEY MINCE 500G	500	G	£	3.49	£	3.49
JS LEAN BAVARIAN HAM 100G	£	1.13	100	G	THE DELI GERMAN SMOKED BAKED HAM 120G	120	G	£	1.35	£	1.13
JJ SWEET & SMOKY CHICKEN SLICES 240G	£	3.05	240	G	ASHFIELDS SWEET CHILLI CHICKEN SLICES 180G	180	G	£	2.29	£	3.05
JS CHICKEN WHOLE BIRD CWT 0.9-1.35KG	£	2.21	1000	G	ASHFIELD FARM MEDIUM WHOLE CHICKEN 1.3KG-1.59KG	1445	G	£	3.19	£	2.21
JS PORK SHOULDER JOINT CW 1KG - 1.8KG	£	3.15	1000	G	ASHFIELD FARM 100% BRITISH PORK SHOULDER JOINT TYPICALLY 1.5KG	1502	G	£	4.73	£	3.15
JIF SMOKED GAMMON STEAK 200G	£	1.40	200	G	FRESHCURE 2 SMOKED GAMMON STEAKS 450G	450	G	£	3.15	£	1.40
JS MINI CHICKEN BREAST FILLETS 320G	£	2.39	320	G	ASHFIELDS 100% BRITISH CHICKEN BREAST MINI FILLETS 400G	400	G	£	2.99	£	2.39
JS CHICKEN LEG PACK	£	1.89	1000	G	ASHFIELD FARM CHICKEN LEGS	1000	G	£	1.89	£	1.89
PREMIER DELI CORNED BEEF 250G	£	1.99	250	G	THE DELI 5 SLICES CORNED BEEF	175	G	£	1.39	£	1.99
JS 20% FAT BEEF MINCE	£	1.89	500	G	ASHFIELD FARM 20% FAT BEEF MINCE	500	G	£	1.89	£	1.89
JS 5% FAT BEEF MINCE 750G	£	4.29	750	G	ASHFIELDS BRITISH LEAN BEEF STEAK MINCE 5% FAT 750G	750	G	£	4.29	£	4.29
JS WHOLE CHICKEN BREAST FILLETS 640G	£	4.09	640	G	ASHFIELD FARM 100% BRITISH MEDIUM PACK CHICKEN BREAST FILLETS 650G	650	G	£	4.15	£	4.09
JS CHICKEN BREAST FILLETS	£	5.99	1000	G	ASHFIELD FARM BRITISH CHICKEN BREAST FILLETS	1000	G	£	5.99	£	5.99
SAINSBURY'S QUICK COOK FRESH BRITISH TURKEY STEAK	£	3.51	400	G	ASHFIELD FARM 100% BRITISH TURKEY BREAST STEAKS 375G	375	G	£	3.29	£	3.51
SAINSBURY'S 10% FAT 12 BEEF MEATBALLS 350G	£	2.25	350	G	ASHFIELDS BEEF MEATBALLS 340G	340	G	£	2.19	£	2.25
JS BC 8 BRITISH PORK SAUSAGES 454G	£	1.49	454	G	BUTCHER'S SELECT ASHFIELD FARM 8 PORK SAUSAGES 454G	454	G	£	1.49	£	1.49
SAVOURY CRACKERS 200G	£	0.85	200	G	SAVOUR BAKES SAVOURY CRACKERS 200G	200	G	£	0.85	£	0.85
HUBBARD'S CHOPPED TOMATOES	£	0.28	400	G	EVERYDAY ESSENTIALS CHOPPED TOMATOES IN TOMATO JUICE	400	G	£	0.28	£	0.28
JS BASICS WHITE RICE	£	0.45	1000	G	EVERYDAY ESSENTIALS LONG GRAIN RICE	1000	G	£	0.45	£	0.45
HUBBARD'S SPAGHETTI	£	0.46	1000	G	EVERYDAY ESSENTIALS SPAGHETTI	500	G	£	0.23	£	0.46
DAILY'S OATS	£	0.70	1000	G	EVERYDAY ESSENTIALS PORRIDGE OATS	1000	G	£	0.70	£	0.70
HUBBARD'S PEANUT BUTTER	£	1.09	340	G	GRANDESSA PEANUT BUTTER SMOOTH	340	G	£	1.09	£	1.09
JS PLAIN FLOUR	£	0.55	1500	G	THE PANTRY PLAIN FLOUR	1500	G	£	0.55	£	0.55
HUBBARD'S HONEY	£	0.72	340	G	EVERYDAY ESSENTIALS CLEAR HONEY	340	G	£	0.72	£	0.72
DAIRY PRIDE UHT SKIMMED MILK	£	0.69	1000	ML	COWBELLE BRITISH SKIMMED LONG LIFE MILK	1000	ML	£	0.69	£	0.69
HUBBARD'S CUSTARD	£	0.38	385	G	DELICIOUS DESSERTS READY TO SERVE CUSTARD	500	G	£	0.49	£	0.38
HUBBARD'S PEELED PLUM TOMATOES	£	0.28	400	G	EVERYDAY ESSENTIALS PEELED PLUM TOMATOES	400	G	£	0.28	£	0.28
JS SELF-RAISING FLOUR	£	0.55	1500	G	THE PANTRY SELF RAISING FLOUR	1500	G	£	0.55	£	0.55
HUBBARD'S MUSHY PEAS	£	0.28	300	G	FOUR SEASONS MUSHY PEAS	300	G	£	0.28	£	0.28
HUBBARD'S TEA BAGS 160'S	£	1.29	160	BAGS	DIPLOMAT RED LABEL 160 PACK 160	160	BAGS	£	1.29	£	1.29
DAIRY PRIDE SEMI SKIMMED UHT MILK	£	0.75	1000	ML	COWBELLE BRITISH SEMI-SKIMMED LONG LIFE MILK	1000	ML	£	0.75	£	0.75
HUBBARD'S RICE PUDDING	£	0.23	400	G	EVERYDAY ESSENTIALS RICE PUDDING	400	G	£	0.23	£	0.23
BAKED BEANS IN TOMATO SAUCE	£	0.21	400	G	EVERYDAY ESSENTIALS BAKED BEANS IN TOMATO SAUCE	420	G	£	0.22	£	0.21
HUBBARD'S SPAGHETTI RINGS	£	0.16	400	G	EVERYDAY ESSENTIALS SPAGHETTI HOOPS	410	G	£	0.16	£	0.16
HUBBARD'S FOODSTORE INSTANT COFFEE 200G	£	1.69	200	G	ALCAFÉ RICH ROAST INSTANT COFFEE GRANULES 200G	200	G	£	1.69	£	1.69
HUBBARD'S PASTA SHAPES	£	0.64	1000	G	EVERYDAY ESSENTIALS PENNE PASTA	500	G	£	0.32	£	0.64
HUBBARD'S FOODSTORE SWEET & SOUR SAUCE 500G	£	0.69	500	G	ASIA SPECIALITIES SWEET & SOUR COOKING SAUCE 500G	500	G	£	0.69	£	0.69
HUBBARD'S ORANGE MEDIUM CUT MARMALADE	£	0.52	454	G	GRANDESSA TANGY FINE CUT MARMALADE 454G	454	G	£	0.52	£	0.52
JS GRANULATED SUGAR 1KG	£	0.65	1000	G	THE PANTRY GRANULATED SUGAR 1KG	1000	G	£	0.65	£	0.65
JS GRANULATED SUGAR 1KG BOARD	£	0.65	1000	G	THE PANTRY GRANULATED SUGAR 1KG	1000	G	£	0.65	£	0.65
HUBBARD'S FOODSTORE GRAVY GRANULES 170G	£	0.48	170	G	QUIKO FOR MEAT GRAVY GRANULES 300G	300	G	£	0.85	£	0.48
JS MINI PEARS	£	0.95	5	PACK	NATURE'S PICK MINI PEARS	5	PACK	£	0.95	£	0.95
JS FAIRTRADE BANANAS	£	0.71	5	PACK	NATURE'S PICK BANANAS	5	PACK	£	0.71	£	0.71
IMPERFECTLY TASTY MINI EASY PEELERS	£	0.72	600	G	EVERYDAY ESSENTIALS EASY PEELERS	600	G	£	0.72	£	0.72
JS LIMES	£	0.85	5	PACK	NATURE'S PICK LIMES	5	PACK	£	0.85	£	0.85
IMPERFECTLY TASTY ORANGES	£	0.60	5	PACK	EVERYDAY ESSENTIALS ORANGES	5	PACK	£	0.60	£	0.60
IMPERFECTLY TASTY LEMONS	£	0.63	5	PACK	EVERYDAY ESSENTIALS LEMONS	4	PACK	£	0.50	£	0.63
JS WHOLE CUCUMBER	£	0.59	1	EACH	NATURE'S PICK CUCUMBER	1	EACH	£	0.59	£	0.59
IMPERFECTLY TASTY GALA APPLES X6.	£	0.90	6	PACK	EVERYDAY ESSENTIALS GALA APPLES 6 PACK	6	PACK	£	0.90	£	0.90
JS CELERY	£	0.43	1	EACH	NATURE'S PICK CELERY EACH	1	EACH	£	0.43	£	0.43
JS MINI APPLES	£	0.95	6	PACK	NATURE'S PICK MINI APPLES	6	PACK	£	0.95	£	0.95
JS AUBERGINE	£	0.69	1	EACH	NATURE'S PICK AUBERGINE	1	EACH				

JS BAKING POTATOES X 4	£	0.45	4	EACH	NATURE'S PICK BAKING POTATOES 4 PACK	4	EACH	£	0.45	£	0.45
IMPERFECTLY TASTY GRAPES	£	1.27	500	G	EVERYDAY ESSENTIALS WHITE GRAPES	500	G	£	1.27	£	1.27
SWEETCORN X2	£	1.29	2	EACH	NATURE'S PICK SWEETCORN 2 PACK	2	EACH	£	1.29	£	1.29
IMPERFECTLY TASTY STRAWBERRIES	£	1.31	250	G	EVERYDAY ESSENTIALS STRAWBERRIES	227	G	£	1.19	£	1.31
JS CLASSIC TOMATOES X6	£	0.75	6	PACK	NATURE'S PICK SALAD TOMATOES 6 PACK	6	PACK	£	0.75	£	0.75
JS LARGE RIPE & READY AVOCADO	£	0.79	1	EACH	NATURE'S PICK LARGE RIPE & READY AVOCADO	1	EACH	£	0.79	£	0.79
IMPERFECTLY TASTY GREENGROCER PEPPERS 500G	£	0.97	500	G	EVERYDAY ESSENTIALS FAMILY PACK PEPPERS 600G	600	G	£	1.16	£	0.97
JS LEEKS 500G	£	1.39	500	G	NATURE'S PICK LEEKS 500G	500	G	£	1.39	£	1.39
JS WHITE POTATOES 2.5KG MPS	£	0.99	2500	G	NATURE'S PICK POTATOES 2.5KG	2500	G	£	0.99	£	0.99
IMPERFECTLY TASTY BLUEBERRIES 150G	£	1.07	150	G	EVERYDAY ESSENTIALS BLUEBERRIES 125G	125	G	£	0.89	£	1.07
JS SWEET LEAF SALAD 250G	£	0.73	250	G	NATURE'S PICK SWEET LEAF SALAD 240G	240	G	£	0.70	£	0.73
JS PLUM PUNNET 400G	£	0.95	400	G	NATURE'S PICK PLUMS 400G	400	G	£	0.95	£	0.95
JS SWEDE	£	0.55	1	EACH	NATURE'S PICK SWEDE EACH	1	EACH	£	0.55	£	0.55
JS CARROTS 1KG	£	0.45	1000	G	NATURE'S PICK CARROTS 1KG	1000	G	£	0.45	£	0.45
JS CAULIFLOWER SINGLE	£	0.85	1	EACH	NATURE'S PICK CAULIFLOWER EACH	1	EACH	£	0.85	£	0.85
SAINSBURY'S COURGETTES 500G	£	0.95	500	G	NATURE'S PICK COURGETTES 500G	500	G	£	0.95	£	0.95
JS GARLIC X4	£	0.79	4	PACK	NATURE'S PICK GARLIC 4 PACK	4	PACK	£	0.79	£	0.79
JS CLOSED CUP MUSHROOMS 300G	£	0.90	300	G	NATURE'S PICK CLOSED CUP MUSHROOMS 400G	400	G	£	1.20	£	0.90
BROWN ONIONS 1KG	£	0.65	1000	G	NATURE'S PICK ONIONS 1KG	1000	G	£	0.65	£	0.65
RED ONIONS 1KG	£	0.75	1000	G	NATURE'S PICK RED ONIONS 1KG	1000	G	£	0.75	£	0.75
JS MANGO SINGLE	£	0.75	1	EACH	NATURE'S PICK LARGE LOOSE MANGO EACH	1	EACH	£	0.75	£	0.75
JS NECTARINE PUNNET MINIMUM X4	£	0.95	4	PACK	NATURE'S PICK NECTARINES 4 PACK	4	PACK	£	1.19	£	1.19
JS RASPBERRIES 150G	£	1.65	150	G	NATURE'S PICK RASPBERRIES 150G	150	G	£	1.65	£	1.65